

Kay Easun, 2005 Hud Stewart Award Recipient

Kay joined Masters swimming in 1977 at North York Masters, and has been contributing to the sport ever since. In her early years, Kay served as a Director and Registrar at Masters Swimming Ontario and went on to be elected Chair there in 1982. Soon, she was named Ontario Delegate to the MSC Board of Directors.

A talented organizer, Kay then turned her energies to meet management. She was Meet Manager for the North York Pentathlon for 5 years, was Co-Meet Director for the MSO Championship in 1982 and Meet Director for both the 1985 Aquatics portion of the First World Masters Games and the 1987 Canadian Masters Swimming Championship. With more than 1200 swimmers, the 1985 event is ranked the second-largest Masters Swim Meet ever held in Canada.

Kay has also contributed her enthusiasm and spirit to the fitness and social sides Masters Swimming. She established the Swim the Ontario Waterways (STOW) program to offer swimmers an alternative way to set goals and measure progress. And, in a partnership that is still reaping benefits today, Kay created the Heart Fitness Swim to benefit the Heart and Stroke Foundation. A leader through organization and innovation, thanks to Kay for her countless contributions to Masters Swimming Canada.