Catherine 'Cay' Kerr, 2006 Hud Stewart Award Recipient

At Winnipeg's Sherbrooke Pool, Cay Kerr is somewhat of a legend. Since dipping into its water in 1931, Cay has been a swimmer, synchronized swimmer, lifeguard, teacher and even a water polo player there. A leader and inspiration to generations of young Manitoba swimmers, she also founded the Winnipeg Swim and Masters Swim clubs there in 1975.

Cay's accomplishments in the pool are truly impressive. She won her first Canadian championship in 1935 and, in 1940, set three Canadian records on her way to winning five national titles. In 1959, she switched to synchronized swimming. Cay was five-time provincial champion before turning her talents to judging, coaching and organizing.

As a Masters Swimming competitor, Cay has also been a force to be reckoned with. As of 2005, she held 39 world records, including the 50m free record of 37.53 seconds in the 70-74 age group. Through the years, Cay has contributed to swimming outside the pool as well, generously offering her time as a Board member of Masters Swimming Manitoba for 25 years. Thank you Cay. Masters Swimming Canada and countless swimmers from Sherbrooke have truly benefitted from your tireless passion for our sport.